



Directions:

Children aged 3 and above take one (1) gummy daily. Gummies should be chewed and not swallowed whole. Do not exceed the stated dose unless advised by a qualified nutritional or medical practitioner.

Product Information:

1 gummy typically provides:

Iron 7mg (50% NRV*)

Vitamin C 20mg (25% NRV*)

Nutritional Values Per Gummy

Energy	31KJ	Total Carbohydrates	1.97g
	7.51 Kcal	- Sugar	1.63g
Protein	0g	Total Fat	0.006g
		- Saturated Fat	0.006g
Fibre	0.06g	Salt	0.00g

Ingredients:

Glucose Syrup, Sugar, Water, Ferric Pyrophosphate in Sunflower Lecithin, Pectin (Gelling Agent), Ascorbic Acid, Citric Acid, Tri-sodium Citrate (Acidity Regulator), Anthocyanins (Natural colour), Coconut Oil (Coating), Natural Cherry Flavour, Carnauba Wax (Anti-caking Agent).

Allergy Advice:

Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in a facility that handles allergy-based materials.

This product is suitable for vegetarians and vegans

vegan



Iron