

235mm

324mm

kallø

NEW

CHICKPEA

veggie thins

MIXED SEEDS



MADE FROM PLANTS

per 100g	per serving: 4 crackers (12g)						gluten-free recipe
1790kJ	calories	fat	saturates	sugar	salt		
427kcal	51	1.6g	0.2g	0.3g	0.1g		
21%	3%	2%	1%	<1%	2%		

reference intake of an average adult (8400kJ/2000kcal)


NIBBLE...
A satisfying crunch at any time of day


TOP...
Cracking with cheese, avocado or salad

DIP...
Delicious with hummus, salsa or guacamole


For more glorious serving suggestions, visit: www.kallo.com

HAVE YOUR CAKE AND EAT IT!

At Kallø, we don't think being healthy has to mean saying no to all the things you love. We believe life is about what you can, not what you can't have - and eating the right way is about loving food and having a nutritious balanced diet.


In the sunny garden,
Where flowers grow and bloom,
The band join together,
To play a fancy tune.

Quinoa, Poppy, Linseed, Chia,
So thankful to have met,
Each one unique - yet best of friends,
This wondrous quartet.

- Vegetarian and Vegan Friendly*
- Gluten Free
- High Source of Fibre
- Made from Plants
- No artificial colours, flavours or preservatives
- Baked not fried
- Source of Protein

DROP US A LINE

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For all things Kallø, go to: www.kallo.com

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design: bigfish.co.uk

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CHICKPEA CRACKERS WITH BLACK QUINOA, POPPY, LINSEED AND CHIA SEEDS

NUTRITION INFORMATION		
Typical values	per 100g	per serving: 4 crackers (12g)
Energy	1790kJ 427kcal	215kJ 51kcal
Fat	13.4g	1.6g
of which saturates	1.3g	0.2g
Carbohydrate	47.7g	5.7g
of which sugars	2.6g	0.3g
Fibre	17.7g	2.1g
Protein	20.0g	2.4g
Salt	1.10g	0.13g

INGREDIENTS: Chickpea flour (71%), modified tapioca starch, rapeseed oil, inulin, mixed seeds (3%) [black quinoa, poppy, chia, linseed], sea salt, dried onion, dried garlic, natural flavour (rosemary extract).

ALLERGEN ADVICE: May contain milk.

Store in a cool, dry place. Once opened keep in an airtight container and enjoy within 7 days

*Our product does not intentionally contain animal based ingredients, but due to the use of milk at the manufacturing site there may be a risk of cross contamination.

Contains on average 32 crackers.

Certified

Corporation



100g e

kallø

MIXED SEEDS
CHICKPEA VEGGIE THINS



Best before: