

Nutritional Information Tide Collagen Water

Nutritional Information	Per 100ml	Per 330ml
Energy	10Kcal / 41Kj	33Kcal / 135kj
Fat	0.2g	0.7g
Of which saturates	0.2g	0.7g
Carbohydrates	0.5g	1.7g
Of which sugars	1g	3.3g
Protein	1.5g	5g
Salt	<0.025g	<0.025g
Vitamin C*	12mg	40mg*

*50% NRV

Ingredients: Carbonated Water, Fructose, Marine Collagen, Natural Flavorings, Citric Acid