

NUTRITION: Typical values per 100g:

Energy 1599kJ/382kcal; Fat 14g of which saturates 6.0g;
Carbohydrate 45g of which sugars 23g; Fibre 13g; Protein 7.5g;
Salt 0.22g. **Typical values per 35g bar:** Energy
560kJ/134kcal; Fat 5.0g of which saturates 2.1g; Carbohydrate
17g of which sugars 8.0g; Fibre 4.6g; Protein 2.6g; Salt 0.08g.

GLUTEN FREE ORGANIC Apricot Oat Bar with Chia Seeds

Ingredients: gluten free **oats*** 41%, agave nectar*, apricots* 12%, palm oil*,
acacia gum*, chia seeds* 4%, salt. **Allergy advice:** for allergens see ingredient in
bold. **Storage:** store in a cool dry place. *Organic produce. †Responsibly sourced.
Baked in the UK with British Oats. Made from natural ingredients that may
occasionally contain traces of naturally present fruit stalks and stones.

Best before **soo** **British** **with e** **Made**



apricot oat bar with chia

GLUTEN FREE | VEGAN | ORGANIC



GB-ORG-05
Non EU Agriculture
UK/non UK agriculture

With a FREEE bar in my bag or pocket I'm
sorted if hunger comes knocking, even when
I'm on the go. It's great to eat something full
of creamy wholegrain oats. *Blake* FOUNDER, FREEE



35g e

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