

Brand: **Kéfirade**

Product: **Organic Mint Water Kefir 250ml bottle**

Ingredients : filtered water, water kefir grains, fair-trade organic cane sugar, organic raisins, infusion of organic peppermint leaves (0.3%).

Average Nutritional Values for 100ml : Energy 22 kJ/5 kcal, Carbohydrates 1.2 g of which 0.9 g sugars. Negligible amounts of fat, saturated fatty acids, protein and salt.

Label example

