

270°C

HIGH SMOKE POINT

Ensures no valuable nutrient is lost during cooking

NEUTRAL TASTE

HEALTHY FATS

RICH IN OMEGA-3

100% PURE

NATURALLY REFINED



FOR DAILY COOKING

omega
pressery



25
Avocados
in Every Bottle

LIGHT
AVOCADO OIL

FOR COOKING
GRILLING, FRYING & ROASTING



250ML | 8.45Oz.

BIG LOVE FROM KENYA.

From the sun-kissed orchards of Mt. Kenya, our avocados are freshly handpicked by a select network of smallholder farmers and pressed at peak ripeness to deliver a smooth and neutral tasting, versatile oil.

Each bottle reflects our commitment to transparent sourcing and regenerative farming, supporting sustainable practices, traceability, and fair profit-sharing that uplifts our farmers and their communities.

Ingredient 100% Avocado Oil **Origin** Kenya

Nutrient Facts

Serving size	1 tbsp (15ml)
	Amount per 100g
Calories	866 kcal / 3627 kJ
Total Fat	100g
Saturated Fat	18.6g
Polyunsaturated Fat	11.7g
Monounsaturated Fat	69.7g
Total Carbs	0g
Of which added sugars	0g
Protein	0g
Salt / Sodium	0g
Vitamin E 16mg per 100ml	

Store in cool dark place at room temperature. Use within 3 months of opening seal

NonGMOVeganKeto

Bottled in the UK for Omega Pressery
Let's Chat sales@omegapressery.com

Explore More omegapressery.com

UK Unit A, 82 James Carter Road, IP28 7DE

EU 77 Camden Street Lower, Dublin, D02 XE80, Ireland



Best Before



You know, there's no magic bullet. You got to eat healthy and live healthy to feel healthy and look healthy.