

**Directions:** 2 capsules daily or as directed by your healthcare practitioner.

**Cautions:** Do not exceed stated daily dose. Keep out of reach of children. Food supplements are intended to supplement the diet and should not be used as a substitute for a varied diet or healthy lifestyle. Store in a cool dark place. Do not use if the seal is broken.

**Ingredients:** Gotu Kola Extract (Centella Asiatica), Matcha Green Tea Powder, Norwegian Kelp Powder (Ascophyllum Nodosum), Oat Straw Extract (Avena Sativa), Korean Ginseng Extract (Panax Ginseng ca meyer), KSM-66 Ashwagandha Extract (Withania Somnifera Dunal), Bacopa Monnieri Extract (Brahmi). Hydroxypropylmethyl cellulose (capsule shell).

F0021269<sup>V2</sup>



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[www.fushiwellbeing.com](http://www.fushiwellbeing.com)

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# NOOTROPIC BRAIN

herbal extract & superfoods blend with

## BRAHMI & KOREAN GINSENG

60 vegan capsules



Fushi supplement blends are created with high strength herbal extracts, vitamins & superfoods combined with our Fushi fresh-ground® herbs from this season's harvest and encapsulated in our London workshop, to provide natural remedies for everyday wellness.

Nutritional Breakdown	Per 1 cap	Per 2 caps
Gotu Kola Extract	225mg	450mg
Matcha Green Tea Powder	173mg	345mg
Norwegian Kelp Powder	97mg	195mg
Providing Iodine	75µg	150µg
Oat Straw Extract	75mg	150mg
Korean Ginseng Extract (Providing Min 5% Ginsenosides)	75mg	150mg
KSM-66 Ashwagandha Root Extract (Providing Min 5% Withanolides)	60mg	120mg
Bacopa Monnieri Extract (Providing 50% Bacosides)	45mg	90mg