What's the deal with GOODIE? It's a finely crafted fermented drink, developed in collaboration with scientists. Consider it your trusty sidekick for seizing every good day that comes your way.

Directions for use: Enjoying this beverage is effortless - simply consume twice daily, during meals, taking 15 to 30 ml of the GOODIE drink per day. You can either mix it into your meal, a chilled drink, or dilute it with water. It's suitable for expecting and breastfeeding mothers, as well as children aged 4 and above. This product contains natural sugars.

## Liquid content: 500ml

Storage: It is recommended to store the unopened drink in the refrigerator or at no more than 20°C. After opening, keep the drink in the refrigerator and consume within a month. Natural sediment may occur, shake well before use.

**Best before:** Refer to the packaging for the expiration date.

## Distributor: UAB OKTOFORS Giedraičių g. 39, R53, LT-09302 Vilnius, Lithuania Country of origin: LITHUANIA





## Naturally fermented rye malt drink "Goodie"

Ingredients: Drinking water, fermented **rye** malt (10%), **oat flakes**, five-grain flakes (**rye**, **wheat**, **barley**, **oats**, buckwheat), lactic acid bacteria, Streptococcus thermophilus, and Bifidobacterium cultures.















Batch No: B27.05.24

Best before: 27 11 2024

Nutrition Facts	100 ml
Energy value	49 kJ / 12 kcal
Fats - of which Saturated F	0g ats 0g
Carbohydrates - of which Sugars	<2g
Proteins	<0.4g
Salt	0g

