

Product

Name	Ashwagandha with Magnesium 30 Veggie Caps
Description	Balanced Ashwagandha 30 Veggie Caps in our 100% recyclable paper refill pouch. Our Ashwagandha capsules contain Magnesium which contributes to normal muscle function and energy yielding metabolism. Vegan and free from excipients, soy, GMO, gluten, lactose, and sugar.
Code	BAL62
Barcode	5055177532736
Country of Origin*	Made and packed in the UK.
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	30 Veggie Capsules
Packaging Type*	Paper Refill Pouch. Plastic Free certified, 100% recyclable paper.
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Shelf Life

Maximum Shelf Life	2 Years
Storage Conditions	Ambient (15°C - 20°C)

1 Capsule Provides

Active Ingredient		*NRV%
Ashwagandha	300mg	
Magnesium	15mg	4

*Nutritional Reference Values for Daily Recommended Intake

Ingredients	Ashwagandha Root (<i>Withania somnifera</i>), Magnesium Citrate, Capsule Shell (Vegetable Cellulose (HMPC))
Allergens	For allergens, see ingredients in BOLD .

Certifications	Vegan Society
Serving Requirements	Adults take 1 capsule with your last main meal of the day, or as directed by a healthcare professional.