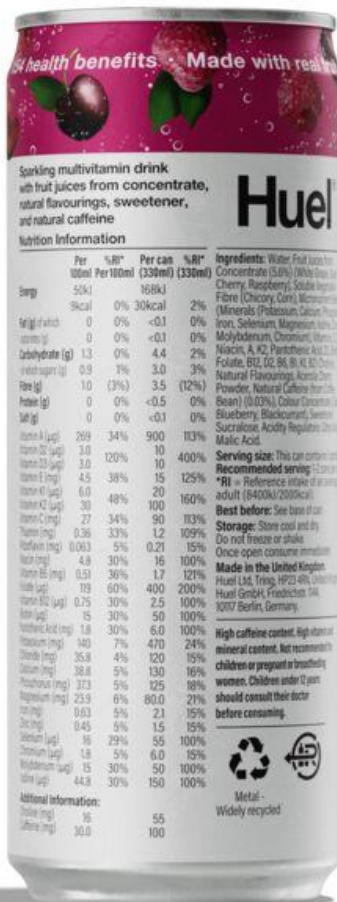




4 health benefits • Made with real fruit

Sparkling multivitamin drink
with fruit juices from concentrate,
natural flavourings, sweetener,
and natural caffeine

Huel

Nutrition Information			
	Per 100ml	%RI*	Per can (330ml)
	Per 100ml		%RI*
Energy	50kJ	0%	168kJ
	50kJ	0%	168kJ
of which	0	<0.1	0
Carbohydrate (g)	0	<0.1	0
Protein (g)	1.3	4.4	2%
Fibre (g)	0.9	3%	3%
Fibre (g)	1.0	3%	3%
Protein (g)	0	<0.5	0%
Salt (g)	0	<0.1	0%
Vitamin A (µg)	269	34%	900
Vitamin B1 (µg)	3.0	120%	10
Vitamin B2 (µg)	3.0	120%	10
Vitamin B3 (mg)	4.5	38%	15
Vitamin B5 (µg)	6.0	48%	20
Vitamin B6 (µg)	30	100%	100
Vitamin C (mg)	27	34%	90
Vitamin D (mg)	0.36	33%	1.2
Vitamin E (mg)	0.063	5%	0.21
Vitamin K (mg)	4.8	30%	16
Vitamin B12 (µg)	0.51	36%	1.7
Vitamin B9 (µg)	119	60%	400
Vitamin B10 (µg)	0.75	30%	2.5
Vitamin B11 (µg)	15	30%	50
Vitamin B12 (µg)	1.8	30%	6.0
Vitamin B13 (mg)	140	7%	470
Vitamin B14 (mg)	35.8	4%	120
Vitamin B15 (mg)	38.8	5%	130
Vitamin B16 (mg)	37.3	5%	125
Vitamin B17 (mg)	23.9	6%	80.0
Vitamin B18 (mg)	0.63	5%	2.1
Vitamin B19 (mg)	0.45	5%	1.5
Vitamin B20 (µg)	16	29%	55
Vitamin B21 (µg)	1.8	5%	6.0
Vitamin B22 (µg)	15	30%	50
Vitamin B23 (µg)	44.8	30%	150
Additional information:			
Protein (mg)	16	55	
Caffeine (mg)	30.0	100	

Ingredients: Water, Fruit Juices from Concentrate (5.0%), White Grape, Red Cherry, Raspberry, Strawberry, Orange Fibre (Chicory, Gum), Mineral Water (Minerals: Potassium, Calcium, Phosphorus, Iron, Selenium, Magnesium, Manganese, Molybdenum, Chromium, Vanadium, Nickel, A, K2, Pantothenic Acid, B1, B2, B6, B12, B5, B9, B10, B11, B12, B13, B14, B15, B16, B17, B18, B19, B20, B21, B22, B23, B24, B25, B26, B27, B28, B29, B30, B31, B32, B33, B34, B35, B36, B37, B38, B39, B40, B41, B42, B43, B44, B45, B46, B47, B48, B49, B50, B51, B52, B53, B54, B55, B56, B57, B58, B59, B60, B61, B62, B63, B64, B65, B66, B67, B68, B69, B70, B71, B72, B73, B74, B75, B76, B77, B78, B79, B80, B81, B82, B83, B84, B85, B86, B87, B88, B89, B90, B91, B92, B93, B94, B95, B96, B97, B98, B99, B100, B101, B102, B103, B104, B105, B106, B107, B108, B109, B110, B111, B112, B113, B114, B115, B116, B117, B118, B119, B120, B121, B122, B123, B124, B125, B126, B127, B128, B129, B130, B131, B132, B133, B134, B135, B136, B137, 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