



NUTRITION INFORMATION

Serving size: 1 sachet (4.2g)

Vitamins	Per Sachet
Vitamin C	115mg
Vitamin B12	130µg
Minerals	Per Sachet
Potassium	180mg
Chloride	324mg
Calcium	48mg
Phosphorus	37mg
Magnesium	26mg
Zinc	2.7mg
Chromium	55µg
Sodium	210mg

Ingredients

Natural Apricot Flavouring,

Flavour Enhancer: Citric Acid; Sodium Chloride (Himalayan Pink Salt), Calcium Lactate (Calcium), Flavour Enhancer: Malic Acid; Di-Potassium Phosphate (Potassium), Magnesium Citrate (Magnesium), Sodium Chloride, Colour: Pepper and Carrot; Colour: Carrot Juice

Powder; Calcium Ascorbate (Vitamin C), Natural Flavouring, Potassium Carbonate (Potassium), Natural Flavouring, Sweetener: Steviol Glycosides from Stevia; Anti-Caking Agent: Silicon Dioxide; Potassium

Bicarbonate (Potassium),

Methylcobalamin (Vitamin B12), Calcium Citrate (Calcium), Zinc Citrate (Zinc), Potassium Citrate (Potassium), Chromium Picolinate (Chromium).

May contain traces of tree-nuts and milk, not suitable for allergy sufferers.

Informed Sport Certified – which means eat sachet of Humantra is clean, safe, and rigorously tested for banned substances.