

Probio7 50 PLUS contains two amazing capsules. The first capsule in Probio7 50 PLUS provides 10 billion friendly bacteria from 8 strains, plus 1 billion *S. boulardii*, a strain of friendly yeast. It also contains 2 types of natural fibre which act as a food source for your gut microbiome, helping to keep your microbes happy and healthy. The second capsule contains carefully selected vitamins and minerals, plant extracts (ginkgo biloba and curcuma) and fish oils to help you maintain a healthy mind and body.

Contributes to the normal function of the immune system - Vitamins B6, B9, B12, C, D3 & Copper.

Reduce tiredness and fatigue - Vitamins B2, B3, B5, B6, B9, B12, C & Magnesium.

Contribute to normal cognitive function - Zinc & Iodine.

Normal muscle and heart function - Vitamin B1 (Heart), Magnesium (Muscle including heart) & Vitamin D3 (Muscle).

HOW TO USE: Suitable for adults. Take 1 capsule of friendly bacteria and 1 capsule of vitamins and minerals, ideally with breakfast. The friendly bacteria capsules can be swallowed whole or pulled apart and contents sprinkled on cold food or mixed with a cold drink.

If you are taking antibiotics: Take 1 capsule of friendly bacteria and 1 capsule of vitamins and minerals daily, ideally with a meal 2-4 hours after taking your antibiotics. For the 2 weeks after your antibiotic course has finished, continue taking 1 capsule of friendly bacteria and 1 capsule of vitamins and minerals daily.

EACH PROBIO7 50 PLUS VITAMIN & MINERAL COMPLEX CAPSULE CONTAINS:

Typical Values	%NRV ⁺
Vitamins B1, B2, B3, B5, B7, B9, C, D3, E	100%
Vitamins B6	143%
Vitamins B12 (Cyanocobalamin)	120%
Zinc, Copper, Manganese, Iodine	100%
Magnesium	18.7%
Fish oil Powder 30mg	-
of which	-
EPA 2.1mg	-
DHA 1.44mg	-
Omega 3 4.5mg	-

Ginkgo biloba leaf extract 50:1 30mg -

Curcuma rhizome extract (95% of curcuminoids) 10mg -

⁺NRV = Nutrient Reference Value, previously known as RDA or Recommended Daily Allowance -

NO ARTIFICIAL PRESERVATIVES, COLOURS OR FLAVOURINGS



NO NEED TO REFRIGERATE



DAIRY FREE



GLUTEN FREE

Made in France.

Distributed in the UK and the EU by Forever Young International Ltd.

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For more information please visit Probio7.com