

DIRECTIONS

Take one to two capsules daily with food, or as directed by a healthcare professional.

IMPORTANT

Do not exceed the recommended daily dose. Keep out of reach of children. Not suitable for children. Consult your GP if pregnant, breastfeeding, taking any medication or have a medical condition. Food supplements should not be used as a substitute for a balanced, varied diet and a healthy lifestyle. Store in a cool, dry place, out of direct sunlight.

BEST BEFORE END: See Base.

Certified Organic by Soil Association

UK Address: Nutra Brands Ltd t/a AYURVEDIQ,
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GB-ORG-05
Non EU Agriculture



Non UK Agriculture



AYURVEDIQ

ORGANIC ASHWAGANDHA

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120 VEGAN CAPSULES
FOOD SUPPLEMENT

PRODUCT INFORMATION

Serving Size: 1 Capsule

Servings Per Container: 120

Each capsule typically provides:

Organic Ashwagandha Root (<i>Withania somnifera</i>)	600mg
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Ingredients: Organic Ashwagandha (100%), Vegetable Capsule
Shell: Hydroxypropyl Methylcellulose.

Free from fillers, binders and flow agents.

Manufactured in the UK to GMP Standards.

Made using Organic Whole-root
Ashwagandha from India.

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this container



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