

PLASTIC-FREE & COMPOSTABLE PACKAGING

5 Mushroom Complex Food Supplement

- ♥ Using 100% fruiting bodies offers the highest concentration of beneficial active compounds.
- ♥ Beta-glucans are considered the most beneficial polysaccharides, we guarantee > 30%.
- ♥ Hericenones & triterpenoids are powerful compounds responsible for functional benefits. We guarantee > 1%.
- ♥ Product provides active compounds from the equivalent of 9300 mg of mushroom per dose.

Two capsules provide on average:

NUTRIENT	AMOUNT	INGREDIENTS: Organic Chaga (<i>Inonotus obliquus</i>) dual extract*; Organic Lion's Mane (<i>Hericium erinaceus</i>) dual extract*; Organic Maitake (<i>Grifola frondosa</i>) dual extract*; Organic Reishi (<i>Ganoderma lucidum</i>) dual extract*; Organic Shiitake (<i>Lentinula edodes</i>) dual extract*; Organic Chaga (<i>Inonotus obliquus</i>) full spectrum extract*; Organic Lion's Mane (<i>Hericium erinaceus</i>) full spectrum extract*; Organic Maitake (<i>Grifola frondosa</i>) full spectrum extract*; Organic Reishi (<i>Ganoderma lucidum</i>) full spectrum extract*; Organic Shiitake (<i>Lentinula edodes</i>) full spectrum extract*. Capsule (Vegetable cellulose). *100% Fruiting bodies.
Organic Chaga 20:1 dual extract	100 mg	
Organic Chaga 1:1 full spectrum extract	60 mg	
Organic Lion's Mane 20:1 dual extract	100 mg	
Organic Lion's Mane 1:1 full spectrum extract	60 mg	
Organic Maitake 15:1 dual extract	100 mg	
Organic Maitake 1:1 full spectrum extract	60 mg	
Organic Reishi 20:1 dual extract	100 mg	
Organic Reishi 1:1 full spectrum extract	60 mg	
Organic Shiitake 15:1 dual extract	100 mg	
Organic Shiitake 1:1 full spectrum extract	60 mg	
Polysaccharides ¹	>40%	
Beta-1,3/1,6-glucan content ¹	>30%	
Hericenones and Triterpenoids ¹	>1%	

¹Naturally occurring.

FREE FROM: Artificial Additives & Processing Aids, Wheat, Soya, Gluten, Dairy, GM Ingredients.

DIRECTIONS: Take two capsules daily as a food supplement with or without food. Do not exceed the recommended daily dose. This product should not be used as a substitute for a varied diet and healthy lifestyle. Keep out of the sight and reach of children. Store in a cool dry place, out of direct sunlight. Consult your doctor before use if you have a medical condition, are pregnant or breastfeeding. Do not use if the seal is broken. Best before: See base.



PLASTIC
FREE



GB-ORG-05
Non UK agriculture

togetherhealth.co.uk
Together Health Ltd. UK: No.1 Aire Street, Leeds, LS14PR
EU: 20 Harcourt Street, Dublin 2, D02 H364

