

Spec sheet

Product: Raw New Zealand
Clover Honey

Ingredients: 100% Raw Honey



Table of Nutritional Information

Portion Size: 21 g (1 tbsp)	Per 100 g	Per Portion (21 g)
Energy	1360 kJ / 325 kcal	285 kJ / 68 kcal (3.4 %)
Fat	0 g	0 g (0 %)
- of which saturates	0 g	0 g (0 %)
Carbohydrate	80 g	16.8 g (6.7 %)
- of which sugars	78 g	16.38 g (18.2 %)
Protein	0.5 g	0.1 g (0.2 %)
Salt	0 g	0 g (0 %)