

DISCOVER. CREATE. ENJOY

Whole Canadian Dried CRANBERRIES

Forest Feast Cranberries are grown & harvested in the beautiful wetlands of Canada. The natural environment nurtures the crop during growing season, yet also handles the autumn harvest flood without damaging the unique balance of Canada's bog lands.



30g of dried fruit equates to one of your five-a-day.

Create | Cranberry, Coconut & Lime Balls | Finely chop 100g cranberries, add 100g desiccated coconut, 120g ground almonds, 60ml coconut oil, 30ml maple syrup and the grated rind and juice of a lime. Bind the mixture together in a blender. Roll into 12 balls, coating with a little extra coconut. Store in an airtight container.



Ingredients: Whole dried cranberries (60%), apple juice concentrate, sunflower oil.

Allergy Advice: As well as our delicious fruit, our team also prepare peanuts, nuts and sesame seeds in our roastery.

NUTRITIONAL: TYPICAL VALUES	PER 100g
ENERGY	1156kJ / 277kcal
FAT	1.6g
OF WHICH SATURATES	0.1g
CARBOHYDRATES	62.0g
OF WHICH SUGARS	56.0g
FIBRE	6.0g
PROTEIN	0.2g
SALT	0.12g

Best Before End:



5022374046687



0 000000 000000 >

STORAGE: Store in a cool dry place.
Once opened, use within one week.
enquiries@forestfeast.com

KESTREL FOODS LTD, UNIT 8 CARN DRIVE,
PORTADOWN, CO. ARMAGH, BT63 5WJ

170ge