

WORLD’S HIGHEST SOURCE OF VEGETABLE PROTEIN

The importance of protein in our diet cannot be overestimated. Protein is essential for the support of lean muscle mass, energy levels, weight control and is the basis for all enzyme activity for basic body maintenance and detoxification.

VITAL PROTEIN is extracted from superior European grown Golden Peas using a patented enzyme process that isolates out an amazing 88% protein content. As an isolate it contains three times the protein of ordinary pea powder. This makes it an ideal source of protein and valuable amino acids, and highly suitable for vegetarians and vegans and those seeking to enjoy a healthier lifestyle. Exceptionally low in carbohydrates, VITAL PROTEIN has natural flavouring ensuring a smooth and great taste. VITAL PROTEIN is versatile and delicious in hot or cold drinks, smoothies, baked in cakes, biscuits etc.



DIRECTIONS

Dissolve or mix two (2) heaped tablespoons in 200mLs of water, milk of your choice, yoghurt or natural juice of your choice. Consume 1-4 times per day depending on how much protein you want in your diet.

Take VITAL PROTEIN any time of the day. It is smooth, mixes easily, and tastes great.

VITAL PROTEIN is available in Vanilla, Chocolate, Green Coffee or Unflavoured, in 500g and 1kg.

INGREDIENTS

100% Pea Protein Isolate, Natural Vanilla Flavour, Thaumatin (natural sweetener)

PLEASE RECYCLE
Plastic production and transport require less energy

NUTRITION INFORMATION			
SERVINGS PER PACKAGE: 20 • SERVING SIZE: 25G			
Average quantity per serving		Average quantity per 100g	
Energy	368 kj		1470 kj
Protein	20.9 g		83.6 g
Fat, total	0.3 g		1.3 g
– Saturated	0.1 g		0.2 g
Carbohydrates	0.7 g		2.7 g
– Sugars	0.0 g		0.0 g
Sodium	500 mg		2000 mg

NO NASTIES!

Vital Protein contains ONLY pure and natural nutrition that is great for your health!

For more information please refer to our website or call
UK 44 (0) 20 3051 1395



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100% PEA PROTEIN ISOLATE

vital protein

7.8^{pH}
ALKALINITY

VANILLA

✓ DAIRY FREE ✓ SOY FREE ✓ VEGAN

WEIGHT MAINTENANCE • MUSCLE REPAIR • ENERGY

Net Weight 500g

NUTRITIONAL CHARACTERISTICS			
AVERAGE AMINO ACID CONTENT (G/100 G PROTEINS)			
Leucine	8.4	Valine	5.0
Lysine	7.2	Arginine	8.7
Isoleucine	4.5	Glycine	4.1
Aspartic Acid	11.5	Tryptophan	1.0
Proline	4.5	Methionine	1.1
Cysteine	1.0	Serine	5.3
Threonine	3.9	Histidine	2.5
Glutamic Acid	16.8	Tyrosine	3.8
Alanine	4.3	Phenylalanine	5.5

Amino Acid Score 0.96 (norm FAO 1991)

ALL THE GOOD... AND NO BAD...

LOW Glycemic Index	NO Dairy
LOW Fat	NO Soy
LOW Carbohydrate	NO Lactose
LOW Allergenic	NO Gluten
GREAT for vegetarians and vegans	NO Wheat
Certified Kosher and Halal	NO Artificial Colours
HACCP certified Natural Origin	NO Artificial Flavours
High digestibility rating (98%)	NO Artificial Preservatives
Balanced amino acid profile	NO Artificial Sweeteners
(18 amino acids)	NO Yeast
High Alkalinity level (pH 7.8)	GMO Free
Free from ALL common allergens	

All natural, alkaline, with no artificial colourings or additives, VITAL PROTEIN is a perfect nutritional companion to VITAL GREENS.

Great food & smoothie recipes available
FREE online visit -
www.martinandpleasance.com



Vegan friendly

