



Organic New Zealand Barley Grass Powder

Barley is one of the world's oldest crops and this grain is a staple food in many cultures. More recently its young leafy shoots have been recognised for their nutritional concentration. 10kg of fresh leaves produces 1kg of our powder and unlike barley grass juice powder we preserve the fibre from the leaves, to produce a powder which is high in fibre. We source from an organic farm in New Zealand where the barley grass grows in lush pastures before being dried and milled.



Add to a smoothie



Stir into your favourite dip



Boost your favourite recipes

HELP US SAVE THE RAINFOREST

Rainforest Foods works with Rainforest Concern (charity no.1028947) to conserve threatened forests; protecting endangered habitats, the wildlife and indigenous peoples.



For every pack sold, Rainforest Foods will fund the protection of one square metre of rainforest. For further information visit: www.rainforestconcern.org

OUR SHARED EARTH INITIATIVE:

We search the world for the most nutritious foods, source from producers who farm responsibly and donate at least 10% of our profits to support social and environmental projects around the world.

NUTRITIONAL INFORMATION

TYPICAL VALUES (As Sold)	Per 100g	(%RI*)
Energy	1124kJ 271kcal	
Fat	2.7g	
of which saturates	0.7g	
Carbohydrate	19g	
of which sugars	7.2g	
Fibre	49g	
Protein	18g	
Salt	0.14g	
Vitamin A	165µg	21%
Vitamin C	52mg	65%

*Reference Intake of an average adult (8,400kJ/2,000kcal).

INGREDIENTS: Organic Barley Grass Powder.

SUGGESTED USE: Take 4-6g (2-3 teaspoons) per day.

STORAGE: Store in a cool, dark and dry place. This pack contains approximately 33 servings.

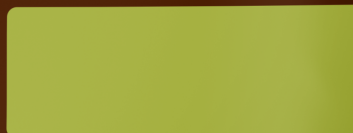
Barley Grass Powder (*Hordeum Vulgare*) produced in New Zealand, packed in the UK for Green Origins, Sheffield, S25 3SF.

HIGH IN VITAMIN C

Vitamin C contributes to the normal function of the immune system.

HIGH IN FIBRE

Best Before End: See below



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Non-EU Agriculture

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TO LEARN MORE ABOUT OUR PRODUCTS VISIT WWW.RAINFORESTFOODS.COM