



Tropical Flavour

Advanced Liposomal Nutrient Delivery System

One 5ml serving provides		%EU NRV*
Thiamine (Vit B1)	1.2mg	109%
Riboflavin (Vit B2)	1.5mg	107%
Nicotinamide (Vit B3)	16mg	100%
Pantothenic Acid (Vit B5)	6mg	100%
Pyridoxal-5-Phosphate (Vit B6)	6mg	429%
Methylcobalamin (Vit B12)	50mcg	2000%
Biotin (Vit B7)	150mcg	300%
Methylfolate (Vit B9)	250mcg	125%

*NRV = Nutrient Reference Value per 5ml serving

Directions: Shake before use. Take 5ml daily (1 teaspoon). Can be taken directly or mixed with a cold drink, smoothie, etc.

Storage Notices: Store at room temperature, out of direct sunlight. Can be refrigerated. Once opened, use within 90 days. Store out of reach and sight of children.

Ingredients: Vegetable Glycerin, Purified Water, Phospholipids (from sunflower lecithin) containing Phosphatidylcholine, Nicotinamide, Natural Flavourings (Orange, Pineapple, Strawberry), Pyridoxal 5 Phosphate Monohydrate, Calcium Pantothenate, Stabiliser (Xanthan), Riboflavin 5 Phosphate Sodium, Thiamine Hydrochloride, Methyltetrahydrofolate Calcium, Biotin, Methylcobalamin.

Warning Notices: Do not exceed recommended dose. Food supplements must not be used as a substitute for a balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or pharmacist before taking this supplement.

50 Servings / 250ml