



## Immune support, bones & teeth

'Vitamin D3 is crucial for the development and maintenance of healthy bones and teeth in children by facilitating calcium absorption in the gut (2)'

'Children with sufficient levels of vitamin D3 have been shown to have a lower incidence of respiratory infections, such as colds and flu (18)'

Nutritional Information	Av. per 0.5ml	% EC NRV*
Vitamin D (as D3 400 IU)	10 μg	200
*NRV = Nutrient Reference Value µg =microgram IU = International Unit		



Vegan Vitamin D3 (as cholecalciferol), medium chain triglycerides, vitamin E (as tocopheryl acetate).



## **Customer review**

I give my 4 year old this every day. Vit D is vital for the immune system, especially in countries like the UK where it lacks sunlight. This is a must have.