NUTRITIONAL INFORMATION:

TYPICAL VALUES	PER 100g	PER 120g (average portion)	*RI per serving
Energy	1520 KJ / 362 kcal	1824 kJ / 434.4 kcal	22 %
Fat	8.0 g	9.6 g	14 %
of which saturates	3.1 g	3.7 g	19 %
Carbohydrates	63.0 g	75.6 g	29 %
of which sugars	23.5 g	28.2 g	31 %
Fibre	0.8 g	1.0 g	
Protein	9.0 g	10.8 g	22 %
Salt	1.0 g	1.2 g	20 %

^{*}Reference intake of an average adult (8400 KJ / 2000 kcal)

INGREDIENTS: Dough (60%): Wheat flour, vegetable oils & fats (contains soya oil, coloring: B-carotene), water, salt, sugar. Filling (40%): sugar, vegetable oils (sunflower) & fats (palm), fat reduced cocoa powder, lactose (from milk), maize starch, hazelnuts (2%), emulsifier (lecithins sunflower lecithin), flavouring.

ALLERGY ADVICE: For allergens, see ingredients in **bold.**Allergent substances the product may contain **nuts**, **egg**, **milk**, **mustard** and **soya**.

