

NUTRITIONAL INFORMATION

Typical Values	Per 100g	Per Cookie/ Avg. 8.3g
Energy	2359kJ 566kcal	196kJ 47kcal
Fat	37g	3.1g
of which saturates	13g	1.1g
Carbohydrate	45g	3.7g
of which sugars	23g	1.9g
Fibre	2.8g	0.2g
Protein	14g	1.1g
Salt	1.18g	0.10g

KEEP IN TOUCH



halfnutsco.com
@halfnutsco

Made for the Half Nuts Company,
43 Stradella Rd SE24 9HL
contact@halfnutsco.com

Please recycle with bags at larger
supermarkets. Not recyclable at
kerbside.

Store in a cool, dry place.



LDPE

100g e

Best Before:

Rich and buttery cashew shortbread, made with
50% by weight cashews.

Ingredients: Ground **CASHEW** (50%), Sugar, **WHEAT**
Flour (**WHEAT** Flour, Calcium Carbonate, Iron,
Niacin, Folic Acid, Thiamin), Salted Butter (Cream
(**MILK**), Salt) Water, Salt.

For allergens see ingredients in **bold**.
Made in a bakery that also handles: **Other Nuts**,
Eggs, Peanuts, Sesame, Soya, Sulphites.

Suitable for vegetarians.

