

Ingredients

Ingredients (per spray): Water, Sorbitol (viscosity modifier), Cholecalciferol (vegetarian vitamin D3 - 500IU/12.5µg/250% Reference Intake), Natural orange flavouring, Menaquinone (vitamin K2 (MK-7 K2VITAL®) 16.7µg), Potassium sorbate (preservative), Citric acid (acidulant), Tri sodium citrate (acidity regulator), Xanthan gum (stabiliser), Steviol glycosides (natural sweetener).

Usage

How to take: Adults take 1 to 6 (max) sprays daily. For enhanced absorption spray under the tongue and hold for 30 seconds. As with all our products, One Nutrition D3+K2 is a supplement to a balanced diet and healthy lifestyle, not a substitute for one. Do not exceed the recommended daily dose. Excessive consumption may produce laxative effects. Keep out of reach of children. Store in a cool dry place. Consult a healthcare professional if you are pregnant/breastfeeding, have a medical condition or are on medication.