PRODUCT INFORMATION:

One capsule typically provides: Vitamin D3 (2000iu) 50µg *NRV = Nutrient Reference Value

%NRV* 1000

INGREDIENTS: Sunflower seed oil, capsule (glycerine, modified starch, carrageenan), vitamin D3 (cholecalciferol).

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt, soya, sugar, wheat, yeast.

STORAGE: Store in a cool, dry place out of reach of children.

HIGHER **NATURE**®

EVERYDAY ESSENTIALS

VITAMIN D3 2000iu

High strength



VITAMIN D3 2000iu FOOD SUPPLEMENT - 120 CAPSULES

- ✓ Extra high strength vitamin D3 - one a day formula
- ✓ Vitamin D contributes to the maintenance of normal teeth, bones and muscles
- ✓ Important for normal immune function
- ✓ Vegetarian formula
- ✓ Lack of exposure to sunshine can cause deficiency

DIRECTIONS: Adults and children over 13 years take 1 capsule a day with food. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.



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120 capsules This product has not been tested on animals. vegetarian

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