

Delicious orange, turmeric and cayenne delivers a powerful burst of fire and flavour to awaken your senses. Plus, each shot contains 100% of your daily vitamin B12 that helps support your immune system, energy levels and promote your overall wellbeing.

Make every drop count.

✓ 100% OF YOUR DAILY VITAMIN B12

⊘ NO ADDED SUGAR

⊘ NO ADDITIVES OR PRESERVATIVES

♻️ 100% RECYCLED BOTTLE **

TO GET STARTED, SHAKE WELL

Plenish

100% OF R1
B12
VITAMIN



TURMERIC DEFENCE

5 X DAILY SHOTS

COLD PRESSED GINGER AND TURMERIC SHOT WITH ORANGE AND VITAMIN B12
CONTAINS NATURALLY OCCURRING SUGARS.

INGREDIENTS: Orange 55%, Pineapple, Ginger*, Lemon Juice, Turmeric* 5%, Cayenne Pepper 0.1%, Vitamin B12. *Cold-Pressed
Vitamin B12 contributes to the normal function of the immune system.
Vitamin B12 contributes to normal energy-yielding metabolism.
Consume as part of a balanced diet and healthy lifestyle. Produced in an environment that handles celery. Keep refrigerated 0-4°C. Once opened consume within 8 days. For best before see cap of bottle.

**Excluding cap and label.

NUTRITION	Per		GET IN TOUCH
	100ml	60ml	
Energy	184kJ/ 43kcal	110kJ/ 26kcal	UK ADDRESS: Britvic Soft Drinks Ltd., Hemel Hempstead, HP2 4TZ, UK. 0800 032 1767
Fat	0g	0g	EU ADDRESS: Britvic Ireland Ltd., P.O. Box 2020, Dublin 10, Ireland. PLENISHDRINKS.COM
of which Saturates	0g	0g	
Carbohydrate	10.2g	6.1g	
of which Sugars	8.2g	4.9g	
Fibre	<0.5g	0g	
Protein	0.7g	0.4g	
Salt	0g	0g	
Vitamin B12	4.2µg (168% R1)	2.5µg (100% R1)	

*RI = Reference Intake.

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300ml e

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