

NUTRITIONAL INFORMATION

TYPICAL VALUES	Per 100g	Per 40g	Per 40g with 300ml almond drink~	% RI**
Energy	1578kJ / 375kcal	631kJ / 150kcal	1051kJ / 252kcal	13%
Fat	11g	4.4g	14g	20%
of which saturates	2.5g	1.0g	1.6g	8%
Carbohydrate	13g	5.2g	6.4g	3%
of which sugars	2.5g	1.0g	1.0g	1%
Fibre	8.8g	3.5g	5.6g	-
Protein	53g	21g	25g	50%
Salt	1.8g	0.7g	1.0g	17%
Vitamins & Minerals				
B1 Thiamin	0.94mg	0.38mg	0.38mg	34%
B2 Riboflavin	1.1mg	0.4mg	0.4mg	32%
B3 Niacin	20mg	8mg	8mg	50%
Pantothenic Acid	8.4mg	3.4mg	3.4mg	56%
Vitamin B6	1.5mg	0.6mg	0.6mg	43%
Folate	209µg	84µg	84µg	42%
Vitamin B12	2µg	0.8µg	0.8µg	32%
Biotin	58µg	23µg	23µg	46%
Vitamin C	64mg	26mg	26mg	32%
Vitamin A	640µg	256µg	256µg	32%
Vitamin D3	4µg	1.6µg	1.6µg	39%
Vitamin E	9.6mg	3.8mg	3.8mg	32%
Vitamin K	60µg	24µg	24µg	32%
Selenium	56µg	22µg	22µg	41%
Iron	25mg	10mg	10mg	71%
Iodine	139µg	56µg	56µg	37%
Zinc	11.3mg	4.5mg	4.5mg	45%
Copper	1.6mg	0.6mg	0.6mg	64%
Calcium	788mg	315mg	315mg	39%
Potassium	1500mg	600mg	600mg	30%
Phosphorus	935mg	374mg	374mg	53%
Chromium	40µg	16µg	16µg	40%
Magnesium	875mg	350mg	350mg	93%
Manganese	5.2mg	2mg	2mg	104%
Additional Information Omega 3, 6, 9	8.1g	3.2g	3.2g	

INGREDIENTS

Plant Protein Blend (Fermented Yellow Pea Protein, Cold Pressed Hemp Protein, Pumpkin Seed Protein), Golden Flaxseed Powder, Vegan Micronutrient Blend*, Vegetable Blend (Broccoli, Kale, Carrot, Spinach), MCT powder (from coconut), Natural Flavouring, Konjac (glucomannan), Pink Himalayan Salt, Ashwagandha Root Powder, Turmeric Powder, Ceylon Cinnamon, Sweetener: Stevia Extract (steviol glycosides), Antioxidant (Rosemary Leaf Extract), Enzyme Blend (Papain, Ginger Extract, Peppermint Leaf, Black Pepper Extract), Live Cultures Blend (L.acidophilus, L.plantarum, L.casei, B.bifidum, B.longum), Madagascan Vanilla Powder (0.04%).

*Providing vitamins and minerals: Potassium Citrate, Marine Algae Calcium (Lithothamnion Sp.), Marine Magnesium, Germinated Buckwheat Blend (Niacin, Zinc, Pantothenic Acid, Riboflavin, Pyridoxine, Thiamine, Folic Acid, Biotin), Vitamin C (Acerola Cherry Extract), Plant Based Vitamin K2 (MK7 all-trans), Vitamin E (d-Alpha Tocopherol), Vitamin A (Beta Carotene), Vitamin D3 (from Algae), Vitamin B12 (Methylcobalamin), Iodine (from Knotted Kelp Seaweed).

Vanilla flavoured plant-based meal replacement powder with Omega 3 fatty acids, vitamins and minerals with sweetener.

** Reference intake of average adult (8400kJ/2000kcal)

~ Made up as per instructions with 300ml Almond drink

EU Distributor

Vivo Life, Berlin, Leuchtenfabrik, House A, 1st floor, Edisonstraße 63, Berlin, 12459, Germany

KEY FEATURES

- ✓ Have as breakfast or lunch
- ✓ High in protein
- ✓ Essential Omega 3,6,9
- ✓ Cold processed and fermented protein sources
- ✓ 25 food-based vitamins & minerals
- ✓ Added turmeric and ginger
- ✓ Gluten free
- ✓ No added sugar

DIRECTIONS

Add 1 rounded scoop or 2 heaped tablespoons (approx. 40g) to 300ml of water or your choice of plant-based drink, smoothie or bowl.

Use 1 - 4 servings per day.

Get a reusable scoop at www.vivolife.co.uk

Do not exceed the recommended usage.

This product should be used in conjunction with a varied and balanced diet, but not in place of one, ensure adequate fluid intake.

STORAGE CONDITIONS

Store in a cool place away from direct sunlight. Reseal pouch after use. Keep out of reach of children.



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