

Product

Name	Organic Poppy Seeds (Jar)
Description	Just Natural Organic Poppy Seeds are sourced from only the best organic producers around the world. Poppy Seeds are high in fibre and anti-oxidants and commonly used in baking and many other worldwide dishes. And they're packed in our 100% reusable, refillable and recyclable glass jar.
Code	JNLH41
Barcode	5056078807138
Country of Origin*	Turkey
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	50g
Packaging Type*	Jar – Glass, Lid – Aluminium, Labels - Paper
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Shelf Life

Maximum Shelf Life	24 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Organic Poppy Seeds
Allergens	For allergens, see ingredients in BOLD .

Nutritional Values per 100g

Energy	2,197KJ (525 kcal)
Fat	41g
Of Which Saturates	4.5g
Carbohydrates	8.6g
Of Which Sugars	3g
Fibre	20g
Protein	18g
Salt	0.01g

Certifications	Organic (Soil Association), Vegan Society
Serving Requirements	Add to your cooking as preferred, or as per the instructions in your recipe.