

**Ingredients:**

Lipid extract from Antarctic Krill (Euphasia Superba, **Crustacean**), softgel capsule (**fish** gelatine, bulking agent: glycerine, humectant: sorbitol, ferrous oxide), Olive Oil, KSM-66® Ashwagandha root extract, Panax ginseng extract, Co enzyme Q10, emulsifier: Beeswax, Zinc oxide, Pyridoxine hydrochloride (Vit B6), Riboflavin (Vit B2), Thiamine mononitrate (Vit B1), Selenium selenite, Cholecalciferol (Vit D3).

**Cleanmarine ManoMax****capsules contain:**

- 1. Vitamin B2 & B6** which contributes to the reduction of tiredness and fatigue, and to normal energy-yielding metabolism.
- 2. Zinc** which contributes to the maintenance of normal testosterone levels in the blood and to normal cognitive function and Vitamin B6 which contributes to the regulation of hormonal activity.
- 3. Vitamin B6** which contributes to normal psychological function and Omega 3's DHA which contributes to maintenance of normal brain function. The beneficial effect is obtained with a daily intake of 250mg DHA.
- 4. Vitamin D3** contributes to the maintenance of normal bones and normal muscle function.
- 5. Selenium** contributes to normal spermatogenesis (the production of sperm).

**Directions for use:**

Take 2 capsules daily.

Do not exceed the recommended daily intake.

**ManoMax** is the unique all-in-one Omega-3 multivitamin, rich in essential nutrients providing daily nutritional support for men. So you can raise your game.