

Product

Liposomal Magnesium Citrate 60 Veggie Caps
Balanced Liposomal Magnesium Citrate Veggie Caps in our 100% reusable and recyclable bottle. Our Liposomal formulas are at the cutting edge of vitamin and mineral supplement research and development. Liposomal is a term used for nutrients that have been encapsulated in a lipid compound. This lipid compound has a composition similar to that of the cell membrane and is therefore readily absorbed into the cell, depositing the nutrients exactly where it is needed. Effectively this means much more (up to 95%) of the supplement is absorbed by the cells. Magnesium contributes to a reduction of tiredness and fatigue. Vegan and free from excipients, soy, GMO, gluten, lactose, and sugar.
BAL57
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Made and packed in the UK.

*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.

Packaging

and aluminium lid. 100% reusable &

*Packaging type may vary from time to time and the type stated in this document is not guaranteed.

Shelf Life

Maximum Shelf Life	2 Years
Storage Conditions	Ambient (15°C - 20°C)

1 Capsule Provides

Active Ingredient		*NRV%
Magnesium	58.2mg	15.5

*Nutritional Reference \	Values for Daily	Recommended Intake
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Ingredients	Liposomal proprietary blend: Palmitic-Oleic Acid Phospholipids from Sunflower, Capsule Shell (Vegetable Cellulose (HPMC)), Magnesium Citrate
Allergens	n/a

Certifications	Vegan Society
Serving Requirements	Adults take 1-3 capsules daily, or as directed by a healthcare professional.