

**Nutrition  
declaration****per 100 g**  
(90g base & 10g topping)

Energy	705kJ/168kcal
Fat	7g
of which saturates	2,1g
Carbohydrate	20g
of which sugars	13,2g
Fibre	3,7g
Protein	4,5g
Salt	0,3g

Product of Greece. Imported and distributed by Esti Foods UK Ltd, Food Exchange,  
New Covent Garden Market, London, SW8 5EL, UK. T.: (+44) 7307 475 123,  
[www.estifoods.co.uk](http://www.estifoods.co.uk)

**Ingredients:**

Base: Water, coconut milk (water, coconut extract) (origin non-E.U.) 16%,  
oats (origin E.U.) 16%, brown sugar, vanilla flavor 2,5%, emulsifier:  
sunflower lecithin, sea salt, citrus fibers, natural flavor, lemon juice  
concentrate.

Topping: Almonds 40%, Corinthian raisins 30%, walnuts 30%.

Produced in a factory which handles gluten, egg, milk, soy, celery,  
sesame seeds, mustard seeds, nuts and fish.

Keep refrigerated at 0°C to 7°C.

Use by: see on packaging.

**NET WEIGHT: 145g<sup>e</sup>**  
(130g base & 15g topping)

