

PACK COPY INFORMATION

Ingredient declaration	Rice crispies, Beans 25% (Edamame [soya] , Black beans), Oat flakes, Chicory root fibre, Thai Sweet Chilli seasoning (Maltodextrin, Spices [Paprika, Garlic, Chili, Ginger, Pepper, Cumin, Cayenne & Bell Pepper], Sugar, Onions, Salt, Carrot, Natural flavouring, Flavour enhancer: potassium chloride, Tomatoes, Yeast extract, Herbs [parsley, oregano], Colour: paprika extract), Soya protein crispies (Soya Protein Isolate, Tapioca starch, Calcium Carbonate, Salt), Tapioca Starch, Vegetable fat (sal, shea, mango).
Allergy advice	Soya
May contains	

Added benefits Palm Oil Free, High Protein, High Fibre, HFSS compliant, Vegan.

NUTRITIONAL DATA	Typical values per	
	100g	25g
Energy	1541 / 386	386, per bag - 93
Fat	7 g	1.75 g
of which saturates	1.6 g	0.4 g
Carbohydrate	49.8 g	12.45 g
of which sugars	4.9 g	1.22 g
Fibre	15.7 g	4.8 g
Protein	18.7 g	4.68 g
Salt	1.1 g	0.27 g