

Honey New Zealand's UMF 8+ (MGO 182+)
Manuka Monofloral Honey is certified by an
independent laboratory to confirm the level.
MGO = methylglyoxal mg/kg.

Ingredients: New Zealand Manuka Honey.

Nutritional Information		Servings per jar: 23
Typical Values	100g provides	Per serving (21g)
Energy	1400kJ	294kJ
Energy	335kcal	70kcal
Fat	0.2g	0.0g
of which saturates	0.1g	0.0g
Carbohydrate	81.9g	17.2g
of which sugars	70.9g	14.9g
Protein	0.2g	0.0g
Salt	0.0g	0.0g

Not suitable for infants under 12 months.

Store in a cool place away from direct
sunlight. If honey consistency hard,
warm to soften. Consume within
12 weeks of opening.

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