

Product

Name	Women's Multi 40+ 30 Veggie Caps
Description	Balanced Women's 40+ Multi 30 Veggie Caps in our 100% recyclable paper refill pouch. Vitamin and mineral complex specifically formulated for Women over 40 years of age. Vegan and free from excipients, soy, GMO, gluten, lactose, and sugar.
Code	BAL67
Barcode	5055177532682
Country of Origin*	Made and packed in the UK.
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	30 Vegetable Capsules
Packaging Type*	Amber glass bottle, aluminium foil seal and aluminium lid. 100% reusable & recyclable.
*Packaging type may vary from time to time and the type stated in this document is not guaranteed.	

Shelf Life

Maximum Shelf Life	2 Years
Storage Conditions	Ambient (15°C - 20°C)

1 Capsule Provides

Active Ingredient		*NRV%	Active Ingredient		*NRV%
Turmeric Extract	50mg		Manganese	500ug	25
Vitamin C	50mg	62	Vitamin A	400ug	50
Vitamin B6	15mg	1,071	Copper	250ug	25
Magnesium	12mg	4	Folic Acid	200ug	100
Vitamin B2	12mg	857	Iodine	75ug	50
Vitamin B1	10mg	909	Selenium	50ug	91
Vitamin B3	10mg	62	Chromium	25ug	62
Calcium	8mg	1	Biotin	25ug	50
Potassium	5mg		Vitamin K1	10ug	13
Pantothenic Acid	3mg	50	Vitamin B12	10ug	400
Iron	3mg	21	Molybdenum	5ug	10
Zinc	2mg	20	Vitamin D3	2ug	40
Vitamin E	1.6mg	13			

*Nutritional Reference Value for Daily Recommended Intake

Ingredients	Capsule Shell (Vegetable Cellulose (HPMC)), Magnesium Citrate, Turmeric (<i>Curcuma longa</i> Extract (95% Curcuminoids)), Calcium Citrate, Calcium Ascorbate, Magnesium Ascorbate, beta-Carotene (from <i>Dunaliella salina</i> Algae), Vitamin B6 (Pyridoxine HCL), Iron Citrate, Potassium Citrate, Vitamin B2 (Riboflavin), ALA (alpha-Lipoic Acid), Vitamin B1 (Thiamine HCL), Vitamin B3 (Nicotinic Acid), Myo-inositol, Selenium, Coenzyme Q10, Zinc Citrate, Sodium Borate, Vitamin A Acetate, Choline Bitartrate, Vitamin B5 (Calcium Pantothenate), Vitamin E (D-alpha-Tocopheryl Succinate), Manganese Citrate, Vitamin D3 Oil (Lichen Extract, Fractionated Coconut Oil, D-alpha-Tocopherol), Copper Citrate, Chromium Picolinate, Folic Acid, Vitamin K1 (Phylloquinone), Potassium Iodide, Biotin, Ammonium Molybdate, Vitamin B12 (Methylcobalamin).
Allergens	For allergens, see ingredients in BOLD .

Certifications	Vegan Society
Serving Requirements	Adults take 1-2 capsules daily with a meal, or as directed by a healthcare professional.