

1 serving = 4 large teaspoons



Mix  
into



Any hot or  
cold drink



Shakes or  
smoothies



Hot  
food

#### Directions

Mix 4 large teaspoons per day into any hot or cold drink, soups, smoothies or cereal.

#### Ingredients

#### 1 serving contains

Bovine collagen  
peptides (100%)

10,000mg

#### Confident. Strong. Consistent.

Hydrolysed collagen peptides offer exceptional digestibility and efficient absorption. Over 90% of collagen peptides are broken down and become accessible as small molecules in the bloodstream within an hour. These peptides are then transported to specific tissues, such as skin, muscle, bones and cartilage, where they serve as essential building blocks, supporting local cell growth and enhancing the production of new collagen fibres.

#### Warnings

Food supplements should not be used as a substitute for a varied diet. Do not exceed the recommended daily dose. Keep out of reach of children. If you are on any medication, are pregnant or breastfeeding check with your doctor before use. Made in a facility that also handles allergens.

#### Storage

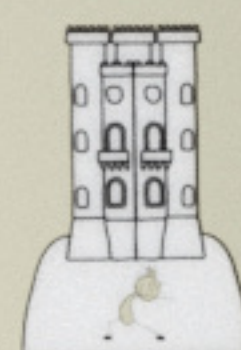
Once opened, use within 3 months. Store in a cool, dry place away from direct sunlight. Keep out of reach of children.

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Recyclable

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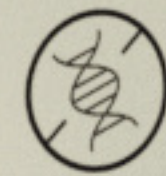
With love from  
the Cotswolds



Nutritionist approved



Gluten free



Non GMO



Kosher



Halal

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