



DIRECTIONS: Take 1 tablet daily with a meal, or as directed by a practitioner or pharmacist. Do not exceed recommended daily dose.

Food supplements should not replace a balanced diet and a healthy lifestyle.

INGREDIENTS: Bulking Agents
(Calcium Carbonate & Cellulose), Milk
Thistle (Silybum marianum) Extract,
Anti-caking Agents (Silicon Dioxide,
Stearic Acid & Magnesium Stearate),
Tablet Coating (Hydroxypropyl
Methylcellulose, Glycerol), Humectant
(Crosslinked Cellulose Gum).

PRODUCT INFORMATION Typically per tablet:

MilkThistle 2500mg (as 100mg of a 25:1 extract) Providing: Silymarin 80mg

CAUTION: Do not take if pregnant or breast-feeding.

- V Suitable for vegetarians
- V Suitable for vegans

KEEP AWAY FROM CHILDREN

TO BE TAKEN ON THE ADVICE OF A PRACTITIONER OR PHARMACIST ONLY 8589-60

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