Say hello! follow us:

@vegums hi@vegums.com www.vegums.com

Cut this bag into small pieces and add to food waste bin!

100% HOME COMPOSTABLE • PLASTIC FREE •

Formulated by Pharmacists

DELICIOUSLY NUTRITIOUS ETHICALLY AMBITIOUS

Dosage: Adults (and children over 12 years) take 2 gummies daily. Children (3-11 years) take 1 daily.

Not recommended for children under 3 due to choking hazard. Best taken with or after a meal. Take the recommended dose daily. Keep out of reach of children. These gummies support, but don't replace a well-balanced diet. If pregnant, breastfeeding or taking medication please consult your doctor before use.

Ingredients

Sweetener (maltitol syrup), vitamin and mineral premix (vitamin C (ascorbic acid), niacin (nicotinamide), zinc citrate, vitamin B6 (pyridoxine), vitamin A (retinol), folic acid, vitamin K1 (phylloquinone), D-biotin, vitamin D3 (cholecalciferol) vitamin B12 (methylcobalamin), carrier (maltodextrin)), gelling agent (pectin), colouring (black carrot concentrates), acid (citric acid), acidity regulator (tripotassium citrate), natural flavour, glazing agent (carnauba wax)

Per 2 gummies		NRV
Vitamin A	400mcg	50%
Vitamin B12	2.5mcg	100%
Vitamin B6	1.4mg	100%
Vitamin C	80mg	100%
Vitamin D3	20mcg	200%
Vitamin K	75mcg	100%
Folic acid	400mcg	200%
Niacin	16mg	100%
Biotin	50mcg	100%
Zinc	5mg	50%

SCAN FOR INFO

Store in a cool dry place and reseal after opening. Consume within 90 days.

	Per 100g	Per 2g gummy
Energy	737 KJ	15 KJ
Calories	177 kcal	3.5 kcal
Fat	<0.5g	<0.01g
of which saturates	<0.1g	<0.002g
Carbohydrates	72g	1.4g
of which sugars	0	0
Fibre	2.4g	0.05g
Protein	<0.5g	<0.01g
Salt	0.09g	0.002g

5 060622 320134 >

Get in touch: Flump Ltd, 2 Roundwood Drive, St Helens, WA9 5JD