L499
Serenity - UK
57x170mm

Support your resilience to everyday stress with this high-potency formula, combining essential nutrients that contribute to the normal function of the nervous system and psychological health. Vitamin B6, magnesium, and vitamin C contribute to the normal functioning of the nervous system, while vitamin B6 and folic acid support normal psychological function. Pantothenic acid aids normal mental performance, and vitamin C helps reduce tiredness and fatigue. This advanced formula is enhanced with a curated blend of botanical extracts, including lion's mane and adaptogenic herbs. This formula is designed to complement your daily wellbeing routine.

Best before end: See base
Storage: Store in a cool, dry place away from direct sunlight.
Food supplements should not be used as a substitute for a varied diet. Keep out of reach of children. Do not exceed the recommended daily dose. If you are pregnant, breastfeeding, or under medical supervision, consult your healthcare professional before use.
Suitable for vegans. Naturally free from gluten and wheat.
NO ARTIFICIAL COLOURS, PRESERVATIVES, SWEETENERS OR FILLERS

Manufactured in the United Kingdom
KIKI Ltd. Unit 4, Aylsham Business Est. Shepheards Close, Aylsham, Norfolk, NR11 6SZ United Kingdom Telephone: 01263 738 660
www.kiki-health.com
Responsible Person in the EU: GSM Kiki EU Ltd. Ayiou Georgiou 103, Akrounta Limassol 4522 Cyprus

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SERENITY

MOOD SUPPORT BLEND

CALM | RELAX | RESTORE

A balanced blend of adaptogen & botanical extracts

VEGAN

food supplement

High in Vitamin C, B6 & B5, Folic acid & Magnesium

60 vegetarian capsules

KIKI HEALTH

Directions for use: Adult intake 2 capsules daily with a glass (250ml) of water or a cold drink.
Contents per capsule: 673mg
Serving size: 2 capsules Servings per bottle: 30

Nutrition

Typical values	Per Serving (2 Capsules)	%RI*
Vitamin C	40mg	50%
Vitamin B6	2.8mg	200%
Folic acid	150µg	75%
Pantothenic acid (Vitamin B5)	6mg	100%
Magnesium	126mg	34%

*Reference intake of an average adult (8 400 kJ/2 000 kcal)

Ingredients

Aquamin Mg® (Provides magnesium)	360mg
Ashwagandha Root Extract (10:1) (*Withania somnifera*)	250mg
Hypromellose (Shell Capsule)	240mg
B5 NakoMIN (Derived from plant-based extracts)	200mg
Lion's Mane Mushroom Extract (11:1) (*Hericium erinaceus*)	100mg
Oat Extract (10:1) (*Avena sativa*)	100mg
Holy Basil (*Ocimum sanctum*)	100mg
B6 NakoMIN (Derived from plant-based extracts)	93mg
Vitamin C (from amla extract (*Emblica officinalis*))	80mg
Lavender Flower (*Lavandula spp*)	50mg
Black Pepper Extract (9.5mg Piperine) (*Piper nigrum*)	10mg
Folic Acid NakoMIN (Derived from lemon peel)	3mg