

# Whole Almonds 500g

Allergy Advice

See Ingredients in **Bold**

Suitable For Vegetarians & Vegans

Ingredients

**Almonds**

Nutrition per 100g Typical

Energy	2571kj (620kcal)
Fat	50.6g
Saturates	3.9g
Mono-unsaturates	32.2g
Poly-unsaturates	12.2g
Carbohydrates	19.7g
Of Which Sugars	4.8g
Fibre	11.3g
Protein	21.3g

Country Of Origin: Various



Batch  
Code

Store in a Cool Dry Place  
Best Before