

Per 100g	
Nutritional information (per 100g)	Tanzanian Salt Roasted
Energy kJ	2165.7
Energy kcal	524.1
Fat g	42.9
Saturates g	8.2
Carbohydrates g	15.6
Sugars g	4.1
Fibre g	3.0
Protein g	16.2
Salt g	1.2
Ingredients (allergens in Bold)	Roasted Cashew Nuts (Nuts) (98%), Salt (2%)