



## FOOD SUPPLEMENT

**Product information:**  
Two capsules typically provide:

	%NRV <sup>†</sup>	
Fenugreek seed extract 4:1 equivalent to fenugreek seed powder	480mg 1920mg	
Liboost® damiana ( <i>turnera diffusa</i> ) leaf extract providing 1.5% bioflavonoids	300mg	
Tribulus terrestris standardised extract providing 40% saponins	150mg	
Korean ginseng extract 10:1 equivalent to Korean ginseng powder	100mg 1000mg	
Zinc (from shiitake)	4mg	40

**Ingredients:** Fenugreek seed extract, damiana (*turnera diffusa*) leaf extract [Liboost®], capsule shell (hydroxypropyl methylcellulose), tribulus terrestris standardised extract, Korean ginseng (panax ginseng) extract, shiitake mushroom fruiting body (contains **celery**).

Allergy advice: see ingredients in **bold**.

# HIGHER NATURE®



## True Food Rekindle for Women

Keep the flame burning with nature's sexiest plant powered blend

5 synergistic ingredients with scientifically backed Liboost®



Menopause



Intimacy



Brain\*

Natural source, no synthetics  
60 vegan capsules

## True Food Rekindle for Women

- Liboost®, a superior standardised damiana extract
- Female focused botanicals
- Works on mind and body\*
- Scientifically dosed

\*Zinc contributes to normal cognitive function, fertility and reproduction

**Directions:** Adults take 2 capsules daily with a meal. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**Warning:** If you are pregnant, breastfeeding, taking any medication or have a medical condition, please consult your healthcare professional before using this product.

**Storage:** Store in a cool, dry place out of reach of children.

Liboost® is a registered trademark of Pharmactive Biotech Products, S.L.U

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Third party tested  
for quality assurance

TFREK128-01    TFREK060/101



PRODUCT INFO



### The genuine real food supplement

Drawing on 30 years of expertise, Higher Nature True Food® supplements are carefully crafted to help keep you at your best.

Unlike other brands, we're not adding synthetic nutrients to yeast, bacteria or food pastes, we blend together real whole foods such as fruits, vegetables, mushrooms, herbs and seeds in order to create a naturally nutrient rich supplement that works better for you.

As these supplements are derived from real food ingredients your body already recognises, they are more biologically active, delivering their benefits faster than alternatives.

Wholly without synthetics, you can feel assured that your supplements are working in harmony with your body rather than against it, allowing you to live your life to its absolute fullest.

Higher Nature – pioneer of food-based supplements since 1994.

True Food® is a registered trademark of Higher Nature Ltd.

