

New Recipe

amisa

DELIGHTFULLY GLUTEN FREE

ORGANIC

Italian Style

SUN-DRIED TOMATO
CIABATTA

easy bake
10
minutes



serving suggestion

Amisa is made to be a little different. We understand every body is unique, so we create food to suit individuals. Our products combine peace of mind with pure pleasure, making Amisa the perfect choice for the life you lead. This is food that fits you.

**Average Nutritional
Values per 100g**

ENERGY	766kJ/182kcal
FAT	3.9g
of which saturates	0.5g
CARBOHYDRATE	31g
of which sugars	2.8g
FIBRE	6.1g
PROTEIN	4.7g
SALT	0.21g

Ingredients: water, corn starch*, rice flour*, tomatoes* (4.7%), psyllium*, invert sugar*, chickpea flour*, **oat flour*** (gluten free), sunflower oil*, ground linseed*, sun-dried tomatoes* (1.4%), yeast, basil*, rice flour*, millet*, black cumin oil*, emulsifier: xanthan gum, chickpea protein*, thickener: guar gum*, rosemary*, garlic powder*, salt, olive oil*, capers*, wine vinegar*, oregano*, garlic*, parsley*. * = certified organic ingredients

Allergy advice: Produced in an environment where **eggs, lupin, milk, soy, sesame** and **nuts** are also used.

Best before: See stamp on clear wrap.

Storage: Store in cool and dry conditions. Once opened, store refrigerated and consume within two days. Packed under modified atmosphere.

Preparation: Remove packaging and place ciabatta on middle shelf in a pre-heated oven. Bake at 200°C for 10 minutes.

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NL-BIO-01
EU/non-EU Agriculture

To create tasty recipes
take a look at
www.amisa.co.uk



- ✓ Vegan
- ✓ High fibre
- ✓ Gluten free

180g

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