CAUTION: Do not exceed the stated dose.

If you are pregnant, breastfeeding, taking prescription medication or under any medical supervision it is advisable to consult a GP prior to taking any food supplements. Discontinue use and consult a GP if adverse reactions occur. Not suitable for persons under the age of 18.

Keep out of reach of children at all times. Do not use if seal is broken or damaged.

STORAGE: Store in a cool, dry place. For best before end & batch number see side of label.

Food supplements are intended to supplement the diet and should not be regarded as a substitute for varied diet and a healthy lifestyle.

Bottle made from at least 80% recycled plastic.
Please recycle bottle with cap on.
All our products are subject to our stringent quality assurance.
This product doesn't contain artificial flavours, colours or sweeteners.







Nutritional Information

Serving Size: 2 Gummies Servings per Container: 30

| | Amount per Serving | %RI* |
|-----------|-----------------------|------|
| Vitamin C | 40mg | 50% |
| Iron | 14mg | 100% |

* Reference Intake

Ingredients: Glucose Syrup, Sugar, Water, Ferric Pyrophosphale (Emulsifier [Sunflower Lecithin]), Gelling Agent (Pactin), Vitamin C (Ascorbic Acid), Acid (Citric Acid), Acidity Regulator (Trisodium Citrate), Colour (Anthocyanins), Coconut Oil, Natural Flavour, Glazing Agent (Carnauba Wax)

Iron contributes to the reduction of tiredness and fatigue Iron contributes to the normal function of the immune system

> Iron contributes to normal formation of red blood cells and haemoglobin

Vitamin C increases iron absorption Iron does not originate from the UK



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