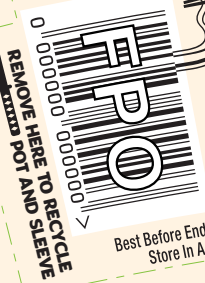


A Fresh Tasting Noodle Dish With Miso, Soy And Vegetables.

INGREDIENTS: Noodles (69%): Wheat flour (**Wheat** flour, Calcium, Iron, Niacin, Thiamin), Water, Free Range **Egg**, Salt, Paprika, Turmeric, Seasoning (31%): Hydrolysed Rice Flour, Yeast Extract, Salt, Sugar, Dried Soy Sauce (**Soya** Beans, Salt, Spirit Vinegar), Mushroom Extract, Dried Miso (Contains: Fermented **Soya**, Rice, Salt), Fried Onions (Onions, Palm Oil, Buckwheat, Salt), Garlic, Spinach, Natural Flavouring, Onion, Nigella Seeds, Dried Seaweed.
For allergens see ingredients in **BOLD**.

NUTRITION INFORMATION:

TYPICAL VALUES (As consumed)	PER 100g	PER POT
Energy (kJ)	273 kJ	998 kJ
Energy (kcal)	65 kcal	239 kcal
Fat	0.6g	2.2g
(of which saturates)	0.2g	0.8g
Carbohydrate	12.3g	44.8g
(of which sugars)	0.9g	3.4g
Fibre	0.8g	2.7g
Protein	2.7g	9.8g
Salt	0.9g	3.1g



Best Before End: See Bottom Of Pot.
Store In A Cool Dry Place.

239
kcal

CALORIES
PER POT

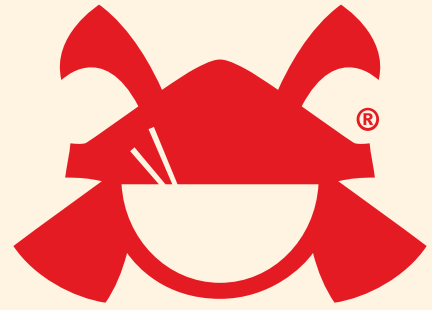


NO ARTIFICIAL
INGREDIENTS



100%
RECYCLABLE

MISO
RAMEN



KABUTO
NOODLES



SERVING SUGGESTION

Kabuto Noodles are prepared with skill, dedication and discipline to bring you delicious authentic Asian flavours using only quality ingredients.

FILL TO THIS LINE

“Without Knowledge Of Noodles, One Will Ultimately Have No Military Victory.”

STEP 1) Remove lid and fill to fill line with boiling water, replace lid loosely and wait 3-4 minutes (opportunity to meditate or practise your karate)



STEP 2) Stir well, leave for 1 minute, then enjoy noodles and soup straight from the pot or poured into a bowl (if no bowl available, try upside down helmet)



Remember to stir well, for true goodness lies beneath.



Beware, for your noodles will be hot. Make sure you eat them before they get cold and do not reheat. Failure to do this could have displeasing ramen-fications.

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Country of Origin: United Kingdom