

brain-feed.com

omega 3
plant based

you.
naturally.

DHA 500mg
per capsule

double concentrate

DHA contributes to the maintenance
of normal **brain function**.

60 algal oil food
supplement capsules



1
capsule
per day



brainfeed |

Consuming DHA contributes to the
maintenance of normal brain function*.
Maternal DHA intake contributes to the normal
brain development of the foetus & breastfed
infants*. Our highly concentrated omega 3 is
derived from algae and provides a high
strength DHA in a single vegan capsule.

nutrition information

	per capsule	NRV*
Algal oil	1000mg	
of which DHA	500mg	
of which EPA	20mg	

*NRV = Nutrient Reference Value

*beneficial effect obtained by a daily intake of 250mg

*beneficial effect obtained with a daily intake of 200mg of DHA in
addition to the recommended daily intake of omega-3 fatty acids for adults
(250mg DHA & EPA)

Omega 3 is a food supplement and should not be used as a substitute for a varied and balanced diet. Do not
exceed the stated dose. Store in a cool dry place out of reach of young children
and children under the age of 3.

Ingredients: algal oil (*schizochytrium sp.*), antioxidant (mixed
tocopherols) capsule [starch, humectant (glycerol) & purified water]

best before:

batch no:

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for more information
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please scan here.



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