

Green Origins



ORGANIC BAOBAB POWDER

Baobab is a nutritious fruit with a citrusy flavour that grows on the African 'Tree of Life'. We source our baobab from a producer with a vision for conservation. They employ over 1000 women from local communities in Southern Africa who make an income from harvesting the baobab fruit; providing sustainable livelihoods for hundreds of households. The baobab fruit is minimally processed; the seeds are removed and the fruit is simply sieved to create a natural powder.

OUR SHARED EARTH INITIATIVE:

We search the world for the most nutritious foods, source from producers who use organic methods and guarantee that at least 10% of our profits each year support social and environmental projects around the world.

WHY NOT TRY BAOBAB BITES?

- 1 tbsp baobab powder
- 1 tbsp desiccated coconut
- 2 tbsp maple syrup
- 100g oats
- 15 dates (chopped)
- 1 tbsp peanut butter
- 1 tbsp tangerine juice



Mix all of the ingredients in a food processor until it forms a dough then roll into balls. Store in a fridge in an airtight container. Optional: For a chocolate orange flavour, roll each ball in cacao powder.

NUTRITIONAL INFORMATION

TYPICAL VALUES (As Sold)	Per 100g	(%RI*)
Energy	911kJ 221kcal	
Fat	0.3g	
of which saturates	0.1g	
Carbohydrate	25g	
of which sugars	20g	
Fibre	55g	
Protein	2.4g	
Salt	0g	
Vitamin C	130mg	163%
Potassium	2290mg	115%
Calcium	288mg	36%
Magnesium	166mg	44%

*Reference Intake of an average adult (8,400kJ/2,000kcal).

INGREDIENTS: Organic Raw Baobab Powder.

SUGGESTED USE: Take 6g (1 tablespoon) per day.



Add to a smoothie



Stir into porridge or yogurt



Add to homemade snack bars

STORAGE: Store in a cool, dark and dry place.

This pack contains approximately 13 servings.

Baobab Powder (*Adansonia Digitata*) produced in Africa, packed in the UK for Green Origins, Sheffield, S25 3SF.

HIGH IN VITAMIN C

Vitamin C contributes to the normal function of the immune system

HIGH IN POTASSIUM

Potassium contributes to normal muscle function.

Best Before End: See below



GB-ORG-05
Non-EU Agriculture

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