

## QUIRKYMONKEY

Quirky Monkey Assam Breakfast Tea (Morning Glory) x 15 Pyramid Teabags

Ingredients Assam Tea (75%) Lions Mane Mushroom Pieces (25%)

QuirkyMonkey Brew Guide • Fill cup with hot water • Place pyramid teabag in cup with the string hanging on the outer of the cup • Allow to steep for 3-5 minutes • Pull up the teabag and allow the remaining tea to drip into the cup. Do not squeeze or dunk • Enjoy!

15 servings per pack. Each serving provides approx. 500 mg of Lion's Mane mushroom.

Made with natural ingredients and suitable for vegan / gluten free.

Made in the UK

www.quirkymonkey.com

