

A Fresh Tasting Katsu Curry Noodle Dish With Red Peppers, Ginger And Turmeric.

INGREDIENTS: Noodles (69%); Wheat flour (Wheat flour, Calcium, Iron, Niacin, Thiamin), Water, Free Range Egg, Salt, Paprika, Turmeric, Seasoning (31%): Curry Powder (Rice Flour, Ground Coriander, Ground Turmeric, Ground Fenugreek Seed, Ground Cumin, Salt, Ground Black Pepper, Ground Ginger, Garlic Powder, Green Cardamom, Natural Flavouring, Turmeric Extract), Hydrolysed Rice Flour, Sugar, Cocoa Butter, Red Pepper, Green Beans, Salt, Yeast Extract, Natural Flavouring, Garlic, Onion, Mushroom, Dried Soy Sauce (Soya beans, Salt, Spirit Vinegar), Nigella Seeds, Ground Turmeric, Garam Masala (Coriander, Cinnamon, **Mustard**, Ginger, Clove, Pepper, Cumin, Nutmeg, Pimento, Fennel, Cardamom, Sunflower Oil, Cassia Bark Oil), Chive, Dried Seaweed, Chilli, Ginger, Turmeric Extract.

NUTRITION INFORMATION:

TYPICAL VALUES (As consumed)	PER 100g	PER POT
Energy (kJ)	283 kJ	1033 kJ
Energy (kcal)	67 kcal	243 kcal
Fat	1g	3.5g
(of which saturates)	0.4g	1.6g
Carbohydrate	12g	44.2g
(of which sugars)	1.2g	4.4g
Fibre	1.1g	3.9g
Protein	2.6g	9.6g
Salt	0.6g	2.2g



Best Before End: See Bottom Of Pot.
Store In A Cool Dry Place.



LID, POT (RINSE), SLEEVE
-widely recycled

243
kcal

CALORIES
PER POT

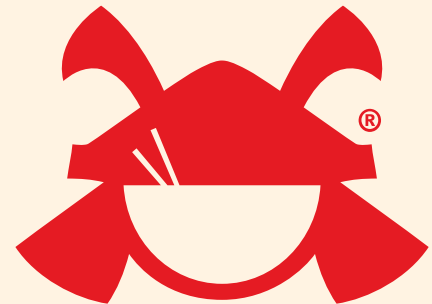


NO ARTIFICIAL
INGREDIENTS



100%
RECYCLABLE

KATSU CURRY



KABUTO NOODLES



SERVING SUGGESTION

Kabuto Noodles
are prepared with skill,
dedication and discipline to
bring you delicious authentic
Asian flavours using only
quality ingredients.

FILL
TO
THIS
LINE

"That Which Doesn't Kill Me, Will Make Me Noodles."

STEP 1) Remove lid and fill to fill line
with boiling water, replace lid loosely
and wait 3-4 minutes (opportunity to
meditate or practise your karate)

STEP 2) Stir well, leave for 1 minute,
then enjoy noodles and soup straight
from the pot or poured into a bowl (if no
bowl available, try upside down helmet)

**Remember to stir well,
for true goodness
lies beneath.**

Beware, for your noodles will be hot.
Make sure you eat them before they get
cold and do not reheat. Failure to do this
could have displeasing ramen-fications.

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Country of Origin: United Kingdom

