






Blended by our herbalist and supported by science, a unique combination of adaptogenic ingredients for

RESTFUL SLEEP

EVERY INGREDIENT HAS A PURPOSE

ASHWAGANDHA			
REISHI			
PASSIONFLOWER			
CHAMOMILE			
NUTMEG			
SEAGREENS			

 = Adaptogen  = Functional Mushroom
 = Micronutrient  = Functional Herb
 = Nootropic

INGREDIENTS:

Ashwagandha root, Passionflower herb, Reishi dual extract*, German Chamomile flowers, Nutmeg, Seagreens* (Ascophyllum nodosum), Vegetable Cellulose (capsule).

NUTRITIONAL INFORMATION:

(serving size = 2 capsules)

Ingredient	Per Serving	%NRV
Iodine (from Seagreens*)	22.5µg	15%
Ashwagandha root	417mg	†
Passionflower herb	119mg	†
Reishi dual extract*	119mg	†
German Chamomile flowers	60mg	†
Nutmeg	60mg	†

NRV = NUTRIENT REFERENCE VALUE

† No NRV established *organic

Store in a cool, dry place, Not to be used as a substitute for a healthy, balanced diet. Seek professional advice before taking this product if you are pregnant, breastfeeding, on medication or under 16. Please keep the carton as a reference to product information. Do not exceed stated intake.

ENABLE REST

WAKE UP FRESH

60 CAPSULES Refillable Jar

DOZE & DREAM

with ashwagandha & reishi for

RESTFUL SLEEP

theherbtender
ADAPTOGENIC WELLNESS



Food Supplement

HOW TO USE:

A tranquil mix to promote uninterrupted rest when you need to switch off and recharge*. Take two capsules before bed. Adjust the dose from one to four capsules per night to find your ideal result. Do not exceed four capsules per day.

CLEAN & NATURAL INGREDIENTS

FREE FROM GLUTEN, DAIRY & SOYA

VEGAN FRIENDLY

SUSTAINABLY SOURCED & PACKED

*Iodine contributes to normal functioning of the nervous system. Ashwagandha supports the onset of sleep.



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MADE IN
GREAT BRITAIN

WWW.THE-HERBTENDER.COM

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PLEASE
RECYCLE

60 CAPSULES
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