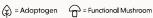
Blended by our herbalist and supported by science, a unique combination of adaptogenic ingredients for

RESTFUL SLEEP

EVERY INGREDIENT HAS A PURPOSE

ASHWAGANDHA	(₩	(P)
REISHI	(ি	(£)
PASSIONFLOWER		₩	(}
CHAMOMILE		₩	
NUTMEG		₩	
SEAGREENS		(4)	(P)











INGREDIENTS:

Ashwagandha root, Passionflower herb, Reishi dual extract*, German Chamomile flowers, Nutmeg, Seagreens* (Ascophyllum nodosum), Vegetable Cellulose (capsule).

NUTRITIONAL INFORMATION:

(serving size = 2 capsules)				
Ingredient Pe	Per Serving			
Iodine (from Seagreens*)	22.5µg	15%		
Ashwagandha root	417mg			
Passionflower herb	119mg			
Reishi dual extract*	119mg			
German Chamomile flowe	ers 60mg			
Nutmeg	60mg			

NRV = NUTRIENT REFERENCE VALUE † No NRV established *organic

Store in a cool, dry place, Not to be used as a substitute for a healthy, balanced diet. Seek professional advice before taking this product if you are pregnant, breastleeding, on medication or under ic R Jeass keep the carton as a reference to product information. Do not exceed stated intake.



the herbtender

ADAPTOGENIC WELLNESS



Food Supplement

HOW TO USE:

A tranquil mix to promote uninterrupted rest when you need to switch off and $recharge^{\star}.\ Take\ two\ capsules\ before\ bed.$ Adjust the dose from one to four capsules per night to find your ideal result. Do not exceed four capsules per day.

CLEAN & NATURAL INGREDIENTS

FREE FROM GLUTEN, DAIRY & SOYA

VEGAN FRIENDLY

SUSTAINABLY SOURCED & PACKED

*lodine contributes to normal functioning of the nervous system. Ashwagandha supports the onset of sleep.





WWW.THE-HERBTENDER.COM

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