



Fermented milk drink that is believed to originate from the Caucasus Mountains. It has been enjoyed around the world for over 2000 years. Our kefir is produced in small batches on a family run farm in Devon.

- 100% natural ingredients.
- Made with 100% British milk from grass fed jersey cows'
- Source of protein, vitamins and minerals.
- Contains gut-friendly bacteria.
- Sweetened only with honey.
- Enjoy it as part of a healthy lifestyle and balanced diet.

GB-ORG-06,
EU/non EU Agriculture



biokef JUST AS NATURE INTENDED

kefir

Blueberry

ORGANIC

100% NATURAL BIO LIVE DRINK

biokef

Nutrition		per 100g
Energy:	270KJ / 64KCal	
Fat	1.3g	
of which saturates	0.9g	
Carbohydrate	9.8g	
of which sugars	8.8g	
Fibre	0.5g	
Protein	3.0g	
Salt	0.032g	

	per 250ml	NRV%
Phosphorus(mg)	217.5	31%

PRODUCED IN THE UK

Storage: keep refrigerated 2-5°C

Use by date: please see bottle cap
Shake well before opening.

Once opened consume within 2 days

Ingredients: organic pasteurized jersey cows' milk, organic blueberry purée 16%, live kefir cultures, organic honey 1.3%.

For allergens, see ingredients in bold

Produced for Biokef Ltd
71-75 Shelton St

Covent Garden
London, WC2H 9JQ

©2019, www.biokef.com
hello@biokef.com