

NUTRITION & INGREDIENTS

Nutritional Information				
Typical Values (as sold)	Per 100g	%RI* Per 100g	Per 2.5g Serving	%RI* Per 2.5g Serving
Energy	382kJ 93kcal	5% 5%	10kJ 2kcal	<1% <1%
Fat of which saturates	0.4g 0.2g	1% 1%	0g 0g	<1% <1%
Carbohydrate of which sugars	6.2g 3.6g	2% 4%	0.2g 0.1g	<1% <1%
Fibre	21g	-	0.5g	-
Protein	5.6g	11%	0.1g	<1%
Salt	0.14g	2%	0g	<1%
Vitamins & Minerals			Per 2.5g Serving	%RI* Per 2.5g Serving
Vitamin B6			1.0mg	71%
Folic Acid			40.0µg	20%
Vitamin B12			1.0µg	40%
Pantothenic Acid			2.0mg	32%
*Reference intake of an average adult (8400kJ/2000kcal)				

Coffee blend with mushroom extract and added vitamins

Ingredients: Organic Coffee (56%), Organic Lion's Mane Extract (*Hericium erinaceus*†) (40%), Organic Maca Root Powder, Organic Ashwagandha Root Powder, Organic Vitamin B Complex (Guava Fruit†, Spirulina Algal Cells†, Chlorella Whole Cells†, *Saccharomyces Cerevisiae* Yeast Cells†, Mango Fruit†, Sprouted Mung Bean†, Lemon Peel†, Holy Basil Leaf†). † Organic